

# The research of medical scholars & research scholars views regarding sufferer rights protection (defender) & its factors

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**Abstract:** It is very important for every medical student to understand & feel the feelings, thoughts & values related to sufferer. However many problems have to face by the scholars & nurses. Here survey of the experiences medical scholars about the rights of sufferer & sufferer's defender. This survey is conducted on medical scholars. For information collection a questionnaire was made, where Ingram's questionnaire & Demographic questionnaire are included. Sample of pilot sampling & sample size estimation was 160 scholars. For analysis the information used pass statistic software edition 28 deep statistic of frequency, & inferential statistics chi-square & variance analysis.

**Keywords:** Medical Research scholars, defender, sufferer rights

## 1. Introduction

Defender is one of key in medical ethics that have been discussed in in past. There are many ethic codes for nurses, who protect sufferer rights From Historical aspects the concept of sufferer defender was introduced by "Florence Nightingale" efforts in creating a safe place & clean hospital for sufferer in "Crimean War". In 1986 care standards in general health sections, hospitals & medical education facilities resulted in the establishment of American Nurses Association, that this association started to create care standards by using documents like ethic codes that was reviewed in 1976 & part of that included defender of sufferer. (American nurses association 1976 & 2005)The necessity of sufferer defender originated from the effect of illness on the persons independence & their ability to make decisions. The sufferer often feels powerless in health care environments, so they usually view themselves as extremely vulnerable being. For this, the importance of

the nurse's role as an advocate in health care is emphasized very much. (Copp1986)Most sufferer show different degrees of vulnerability, depending on the nature of their illness, culture, educational or economic background, personality or prior health care experiences. Therefore, if the human rights & sufferer welfare be at risk, it is necessary that a person undertake their protection. (Schroeter2000). Foley & et al suggested that the sufferer defender is very vital for vulnerable groups such as elders, very young people, people who reside in institutions, prisoners & disabled group (Foley & Minick & Kee 2002) Ingram believed that there are many writing in medical literature about the subject of sufferer defender, But all of things mentioned doesn't come with experimental evidences. Nurses & care professional members define the defender of sufferer as the process of informing sufferer who seek health care, but there are still queries about the method of nurses' learning regarding their role in sufferer protection that

have stayed without answer. In fact the researches that performed until now have more concentrated on the definition of defender of sufferer rather than illustrating the process of its learning .for medical scholars learning about the role of sufferer defender is a complicated process that has not been defined clearly. Researchers agree that the role of defender is necessary for nurses who involved in action. Because the inadequate support of sufferer can cause devastation for sufferer an for nurses (Altun & Ersoy 2003) medical scholars need an opportunity to experience, process their thoughts ,feelings & their values .By increasing information & encountering the concept of sufferer defender, scholars can underst& the importance of sufferer protection(Foley &Minick &Kee 2002) However ,medical education face many challenges in preparing nurses to accept the role of defender .In this regard, the survey done by Altun & Ersoy showed that if the training is performed correctly, medical scholars will have remarkable preparation to accept the role of advocate for sufferer. (Altun & Ersoy 2003) In other h& besides the importance of learning process recognition of sufferer protection, it is also necessary to recognize factors that effect on the defender of sufferer. The result of performed researches showed that personality characteristics such as self- confidence, being optimistic & being innovative are effective on the application of protection. (Rushton & Sellin1995) Other factors which impress the defender of sufferer are age sex & job security (Rankin & Esteves1997) Selin believed that problems about job security & managerial challenges are considered as barriers of sufferer defender by nurses (Sellin1995) Drew states that dissatisfaction from health care system can influence on nurses' motivation to become an advocate for sufferer. ( Drew 1997)in short

,with regard to this point that medical profession. is a job in which human rights & ethics are essential points ,& the distance between the ethical issues related to this profession & their application is also important, the researcher decided to do this research with the aim of inspecting medical scholars Experience about defender of human right & related factors ,so that by using this research's results, they can give education & necessary measures to the scholars who still have not started their work in the future work place & to prepare them to do this important action.

## 2. Methods

This research was a brief sectional research which was conducted on medical research scholars. Gathering information instrument contains a questionnaire format by the researchers that had two parts:(1)demographic information (19 queries)& effective factors on the sufferer defender (13 queries)& (2) the Ingram questionnaire including 24 queries. The manner of result of the sections relating to effective factors on the defender of sufferer & also Ingram questionnaire is based on five score likert rate including: completely agree (score:5), agree (score:4), uncertain (scoore:3) slightly disagree (score:2).

After elaborating the aim of the research to the scholars, the information was collected in the classroom. Afterward, the queries was given to scholars & was gathered after their finish. Pilot sampling & sample size result method with the technique for estimating, sample size was 86. & the method of sampling was stratified r&om. For information analysis, detailed statistics frequency, mean, st&ard deviation, inferential statistics, chi-square & ANOVA were taken. It should be noted that information for this research were significant at  $p = 0.05$ .

### 3. Results

The findings of this research showed that the obtained result by queries was between 16-85 & the mean was  $87.01 \pm 3.59$  which showed the mid experience of scholars about the sufferer. Also there was a significant between the scores resulted from the queries & sem. Meaning that high terms scholars had more experience about the sufferer rights & also these scholars believed that hospital environment had an important influence on the sufferer defender. Further, in the section of medical scholars' views about factors influencing the sufferer defender: the relation between nurse & sufferer, giving attention to the sufferer conditions, nurse responsibility, lack of ethical instruction & regulations in sufferer defender, a doctor-dominated community, lack of support for nurses, shortage of time for nurses are among the factors which have important influence on the sufferer defender. Factors such as environment, enough motivation & relationship between personnel & scholars have high effect on sufferer defender. Student education, previous experience about medical course & being optimistic about future of this job has an average effect on the sufferer defender.

### 4. Discussion & Conclusion

The search of this research showed that medical scholars have average experience about sufferer rights. The findings of Chafey & et al research which was also done on nurses' experience about the defender of sufferer showed that the role of defender in the mind of many of answerers was not established as one of the essential roles of nurses.

Also about the effective values on the sufferer defender, the finding showed that the relation between a nurse & a sufferer, paying attention to the sufferer conditions,

nurse responsibility, lack of ethic instructions & regulation in sufferer defender, a doctor-dominated community, lack of support for nurses, nurses shortage of time are factors which effect sufferer defender greatly & factors like environment, enough motivation, & personnel & scholars relationship highly effect the sufferer defender.

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